**Mental Health Cases in the PSHS System**

**Annex A – Root Cause Analysis**

**Campus: CBZRC**

**School Year: 2017-2018**

**Total number of students enrolled at the start of the school year per grade level:**

**Grade 7: 90 Grade 10:**

**Grade 8: 90 Grade 11:**

**Grade 9: 88 Grade 12:**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Complete Name of Student\***  **(LAST NAME, First Name)** | **Grade Level** | **Sex** | **Scholarship Categorization Points (see Annex B)** | **Nature of the Problem Reported**  **(see Annex C, indicating all that apply)** | **Date Reported or Observed** | **Action Taken** | **Were there red flags or symptoms displayed (Y/N)** | **Were the red flags (if any) captured or reported by the teachers or guidance counsellors, before any action was taken? (Y/N)** | **Action Taken** | **Probable Cause of the Problem** | **Possible Solution** | **Remarks** |
| Student 1 | **7** | **F** | **Partial 3** | **9** | **February 22, 2016** | **Counseling** | **N** | **Y** | **Counseling** | **Loss of the father**  **Unhealthy relationship with siblings** | **Counseling** | **The student seems to be emotionally stable.** |
| Student 2 | **7** | **F** | **Partial 3** | **9** | **October 13, 2017** | **Counseling** | **N** | **N** | **Counseling** | **Dysfunctional Family** | **Counseling** | **Non-suicidal self injury(NSSI)** |
| Student 3 | **7** | **F** | **Partial 2** | **12** | **April 4, 2018** | **Counseling**  **Conference with the mom/advise**  **Referral** | **N** | **Y** | **Counseling**  **Conference with the mom**  **Referral** | **Dysfunctional Family/**  **Identity Crisis** | **Psychotherapy**  **(Reparative Therapy)** | **Gender Dysphoria** |
| Student 4 | **7** | M | **Partial 3** | **2 and 6** | **August 24, 2017** | **Counseling**  **Conference with the mom/teachers/adviser** | **Y** | **Y** | **Counseling**  **Conference with the mom**  **Referral** | **Adjustment to a new environment** | **Counseling/**  **Mentoring** | **Clinically diagnosed** |
| Student 5 | **7** | M | **Partial 3** | **9** | **September 14, 2017** | **Counseling**  **Conference with the mom** | **Y** | **Y** | **Counseling**  **Conference with the mom** | **Adjustment** | **Counseling/**  **Mentoring** | **The student appeared not to express his thoughts/emotions openly.** |
| Student 6 | **7** | M | **Partial 3** | **1** | **June 20, 2017** | **Counseling**  **Conference with the mother/teacher** | **N** | **Y** | **Counseling**  **Conference with the mom**  **Referral** | **Genetics** | **Psychotherapy** | **Condition was observed during the initial interview(before the opening of classes started)** |
| Student 7 | **7** | M | **Partial 2** | **13** | **May 21, 2018** | **Counseling**  **Conference with parents/adviser** | **N** | **N** | **Counseling**  **Conference with parents**  **Referral** | **Exposure to social media** | **Psychotherapy** |  |
| Student 8 | 8 | M | **Partial 3** | **5** | **September 8, 2017** | **Counseling**  **Conference with parents** | **N** | **Y** | **Counseling**  **Conference with parents** | **Parent’s scolded him for being reckless and disorganized.** | **Counseling/**  **Mentoring** | **No overt manifestations or symptoms of suicidal thoughts/acts** |
| Student 9 | 8 | M | **Partial 3** | **3 and 4** | **October 10, 2016** | **Counseling**  **Conference with parents/teachers**  **Referral** | **Y** | **Y** | **Counseling**  **Conference with parents**  **Referral** | **Seem to manifest indicators of emotional distress(may be anxious about his grades)** | **Consultation with a psychiatrist** | **Clinically diagnosed** |
| Student 10 | 8 | **F** | **Partial 2** | **10** | **May 18, 2018** | **Counseling** | **N** | **N** | **Counseling** | **Lack of parental authority** | **Counseling** | **With disciplinary record** |
| Student 11 | 8 | M | **Partial 1** | **3 and 4** | **January 13, 2017** | **Counseling** | **Y** | **Y** | **Counseling** | **Lack of parental supervision; far away from home; sees parents only at the end of school year**  **Financial Status** | **Counseling**  **Conference with parents**  **Parents physical presence** | **Failed to submit academic requirements due to lack of resources(no computer/printer/with financial constraint** |
| Student 12 | 8 | M | **Full Scholar** | **3 and 10** | **April 11, 2018/ May 18, 2018** | **Counseling**  **Conference with Parent/Adviser** | **Y** | **N** | **Counseling** | **Lack of parental authority** | **Counseling**  **Mentoring** | **With disciplinary record** |
| Student 13 | 8 | M | **Partial 2** | **9** | **September 29, 2017** | **Counseling**  **Conference with parents** | **N** | **Y** | **Counseling**  **Conference with parents** | **Very Idealistic Disposition** | **Counseling** | **The student is a Director’s List.** |
| Student 14 | 8 | M | **Partial 3** | **4** | **September 18, 2017** | **Counseling**  **Conference with the mom** | **N** | **N** | **Counseling**  **Conference with the mom** | **Peers were too much dependent on academic requirements.** | **Counseling** | **The student is a Director’s List.** |
| Student 15 | 8 | M | **Partial 3** | **8** | **September 26, 2017** | **Counseling**  **Conference with the mother** | **Y** | **Y** | **Counseling**  **Conference with the mother**  **Referral** | **Dysfunctional Family**  **Father-OFW** | **Counseling** | **Clinically diagnosed** |
| Student 16 | 8 | M | **Partial 1** | **8** | **April 12, 2017** | **Counseling**  **Conference with the mother** | **Y** | **Y** | **Counseling**  **Referral** | **Dysfunctional Family**  **Absentee Father** | **Counseling** | **Clinically diagnosed** |
| Student 17 | 8 | M | **Partial 3** | **3 ,10, 12** | **August 29, 2017** | **Counseling**  **Conference with the mother/adviser** | **Y** | **Y** | **Counseling**  **Conference with the parents** | **Absentee Father**  **Authoritative mother** | **Counseling**  **Referral** | Gender Dysphoria |
| Student 18 | 8 | **F** | **Partial 3** | **1** | **October 13, 2016** | **Counseling**  **Conference with the mom** | **Y** | **Y** | **Counseling**  **Conference with the parents**  **Referral** | **Genetics** | **Counseling** | **Clinically diagnosed** |
| Student 19 | 8 | **F** | **Partial 1** | **3 and 4** | **September 29, 2017** | **Counseling**  **Conference with the adviser** | **Y** | **Y** | **Counseling** | **Dysfunctional Family**  **Authoritative Parents** | **Counseling**  **Conference with the mother**  **Referral** | **The mother seems to be uncooperative and authoritative.** |
| Student 20 | 8 | M | **Partial 1** | **4 and 5** | **October 11, 2017** | **Counseling** | **N** | **Y** | **Counseling** | **Dysfunctional Family** | **Counseling** | **The student appeared to be emotionally adjusted to his current family’s situation.** |
| Student 21 | 8 | M | **Partial 3** | **3 and 8** | **October 9, 2017** | **Counseling**  **Conference with the parents/adviser/teachers**  Referral | **Y** | **Y** | **Counseling**  **Conference with the parents**  Referral | **Forced by parents to study in PSHS**  **Pressured with academic demands** | **Counseling**  **Psychotherapy**  **Change of environment** | **Clinically diagnosed** |
| Student 22 | **8** | **F** | **Full Scholar** | **3 and 4** | **January 13, 2017** | **Counseling**  **Conference with the mom** | **N** | **Y** | **Counseling**  **Conference with the mother** | **Father’s sickness**  **Father lost job** | **Counseling** | **The student has better coping skills given the family’s situation.** |
| Student 23 | **8** | M | **Partial 3** | **10** | **October 25, 2017** | **Counseling**  **Conference with parents/adviser** | **N** | **Y** | **Counseling**  **Conference with the father** | **Permissive mother** | **Counseling** | **The student tends to be mindful of his behavior .** |
| Lateral (Student 25) | **9** | M | **Partial 1** | **3 and 9** | **June 14, 2017(initial interview upon admissions)** | **Counseling**  **Conference with the mother,**  **adviser/teachers** | **N** | **Y** | **Counseling**  **Conference with the mother** | **Low self-concept** | **Counseling** | **With history of physical and emotional abuse** |
| Student 25 | **9** | M | **Partial 2** | **10** | **April 19, 2018** | **Counseling**  **Conference with the mother/adviser** | **N** | **N** | **Counseling**  **Conference with the mother** | **Restricted environment** | **Psychotherapy**  **Counseling** | **With disciplinary record**  **For referral** |
| Student 26 | **9** | **F** | **Partial 3** | **10** | **January 24, 2018** | **Counseling**  **Conference with the mother/adviser** | **N** | **Y** | **Counseling**  **Conference with the mom** | **Academic pressure**  **Competitiveness in the Class**  **Expectations from parents who are both excellent in academics** | **Counseling** | **With disciplinary record** |
| Lateral Student 27 | 9 | **F** | **Partial 3** | **11** | **September 27, 2017** | **Counseling**  **Conference with the mother/adviser/teacher** | **Y** | **Y** | **Counseling**  **Conference with the mother**  **Referral** | **Dysfunctional Family**  **Childhood Experiences** | **Pharmacology**  **Psychotherapy**  **Counseling** | **Clinically diagnosed** |
| Lateral  Student 28 | **9** | **F** | **Partial 3** | **4** | **September 7, 2017** | **Counseling** | **Y** | **Y** | **Counseling** | **Dependency with parents; being far away from home** | **Counselling** | **The student learned to cope and deal with academic stress without being anxious/emotional.** |
| Student 29 | **9** | **F** | **Partial 3** | **1** | **July 20, 2015** | **Counselling**  **Conference with the parents/teachers** | **Y** | **Y** | **Counseling**  **Conference with the parents**  **Referral** | **Autism** | **Psychotherapy**  **Counseling Sessions** | **Clinically diagnosed** |
| Student 30 | **9** |  | **Partial 2** | **11** | **October 9, 2017** | **Counselling**  **Conference with the father** | **N** | **Y** | **Counseling**  **Referral** | **Dysfunctional Family** | **Pharmacology**  **Psychotherapy**  **Counseling** | **Clinically diagnosed** |

\*Student information will be dealt with utmost confidentiality in line with Data Privacy guidelines. Only aggregate data generated will be presented in the report to the BOT.

**Other Remarks, if any:**

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Prepared by:

BENITA M. LAURENA, RGC

Date: July 10, 2018

**Annex C**

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| --- | --- |
| **Number code** | **Indications / Types of Behaviour Observed** |
| 1 | Autism/ Autism Spectrum Disorder |
| 2 | ADHD/ Hyper Activity |
| 3 | Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim |
| 4 | Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder |
| 5 | Suicidal Ideation/ Tendency |
| 6 | Aggressive Behaviour/ Unmanageable Tantrums/ Bullying |
| 7 | Hallucination/ Delusion |
| 8 | Self-hurt/ Self-Inflicted Injury or Harm |
| 9 | Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation |
| 10 | Misconduct |
| 11 | Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide) |
|  | Other indications not listed above (Please specify, and add lines as needed):  12. Gender Dysphoria |
|  | 13. Sexual Behavior |
|  | 14. |
|  | 15. |
|  | 16. |

APPENDIX A

**NCE SCORES**

|  |  |  |
| --- | --- | --- |
| Student | **TOTAL SCORE** | **Remarks** |
| 1 | 102 |  |
| 2 | 106 |  |
| 3 | 105 |  |
| 4 | 107 |  |
| 5 | 117 |  |
| 6 | 112 |  |
| 7 | 121 |  |
| 8 | 145 |  |
| 9 | 135 |  |
| 10 | 135 |  |
| 11 | 125 |  |
| 12 | 145 |  |
| 13 | 137 |  |
| 14 | 173 |  |
| 15 | 123 |  |
| 16 | 137 |  |
| 17 | 122 |  |
| 18 | 126 |  |
| 19 | 137 |  |
| 20 | 150 |  |
| 21 | 120 |  |
| 22 | 135 |  |
| 23 | 121 |  |
| 24 | 55 | Lateral |
| 25 | 130 |  |
| 26 | 118 |  |
| 27 | 56 | Lateral |
| 28 | 82 | Lateral |
| 29 | 127 |  |
| 30 | 115 |  |